



**Catholic Charities Caregivers Support Services
Elder Caregiving Program
Consumer Directed Respite (CDR) Vouchering Program**

About the Consumer Directed Respite (CDR) Vouchering Program

A **caregiver** is a friend or family member who regularly provides care to a care receiver.

A **care receiver** is an older adult, at least 60 years of age, who is disabled or frail.

A **respite care provider** is a person that provides infrequent and temporary substitute care or supervision to a care receiver.

Respite care is provided on behalf of and in the absence of the caregiver for the purpose of:

- providing caregivers with relief from the stress of caregiving,
- providing opportunities to maintain a normal routine, and
- deterring requests for long term institutional placement.

Consumer Directed Respite (CDR) Vouchering Program provides:

- caregivers with the flexibility and freedom in choosing their respite care providers; the caregiver assumes full responsibility for selecting, training, supervising, and – if need be – terminating the respite care provider,
- comfort and security in selecting a respite care provider that is already known by the caregiving family,
- support for respite expenses with financial stipends; the caregiver pays the respite care provider directly and the CDR Vouchering Program provides financial assistance to the caregiver up to the designated stipend amount,
- options for respite care that overcome barriers of access, geographic location, or cost, and increases the availability of persons who can be trained to provide respite care.

How to use Catholic Charities Elder Caregiving Program's Consumer Directed Respite (CDR) Vouchering Program?

Caregivers that may be interested in the CDR Vouchering Program should contact a Respite Coordinator to discuss their current caregiving responsibilities and their ability and willingness to manage a respite care provider. This is followed by the caregiver completing and signing the CDR Vouchering Program application form and submitting it to Catholic Charities Caregivers Support Services. A Respite Coordinator will then contact the caregiver and discuss the amount, frequency and duration of respite care financial assistance.



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Requirements of the caregiver with CDR Vouchering Program

- Caregivers must be able and willing to make informed choices regarding the management of the respite care that they coordinate.
- Caregivers must be responsible for selecting, training, supervising, paying and terminating the services of the respite care provider.
- Caregivers must use the program vouchers and reimbursement forms to show proof:
 - that the respite care provider provided substitute care or supervision to a care receiver.
 - of the amount that was paid to the respite care provider by the caregiver.
- Caregivers must fully complete and submit required forms and have follow-up telephone contact while participating in the CDR Vouchering Program.
- **Please note: U.S. tax law requires the provision of Form 1099 to every contractor paid at least \$600 for services during a year. Please be aware that caregivers may be required to provide completed Form 1099 to the respite care providers for tax purposes. Catholic Charities Caregivers Support Services CDR Vouchering Program does not track caregiver payments to respite care providers.**