


Capital District Senior Issues FORUM



September 2010



Forum to Honor Seniors

October 19, 2010

**Congregation Beth Emeth
100 Academy Road in Albany**

On Tuesday, October 19, friends, family and well-wishers will gather to welcome the 2010 senior honorees to Albany's thirteenth *Capital District Senior Issues Forum Lifetime Achievement Awards Ceremony*.

The 47 honorees age 85 and older living in the Capital District represent outstanding examples of people who are leading interesting and fulfilling lives. They are individuals who have contributed their talents, love and friendship to their families, friends and neighborhoods, faith communities and countries around the world.

The 2010 honorees include 21 men and 26 women ranging in age from 85 to 100. The honorees represent several faith communities from eight cities and towns within four Capital Region counties. There are 15 honorees age 90 and older. This large number of honorees age 90 and older demonstrates that more seniors are living active and fruitful lives well into their advanced age and set a good example to younger citizens.

The Senior Issues Forum is pleased to present the 2010 honorees and their nominators:

- Blanche T. Albright, 86, Rensselaer – Gloria Fonda
- Bertha Amanat, 86, Delmar – Kristen Vivian
- Alphonso Amico, 85, Rensselaer – Cheryl Walton
- Frances Axelrod, 87, Albany – Miriam Adler
- Allison Bennett, 86, Slingerlands – Marty Delaney
- William Bennett, 87, Slingerlands – Marty Delaney
- Sanford Berkman, 90, Slingerlands – Dawn Signoracci
- Ed Bloch, 86, Latham – Rev. Robert Lamar
- Helen Marcell Brennan, 90, Troy – Kathleen Masterson
- Albert P. Califano, 93, Schenectady – Deb Riitano
- Kay Canton, 100, Troy – Kathy Parker
- Anna Colonna Carroll, 86, Delmar – Candice Stellato
- David Coplon, 85, Schenectady – Angela Tatem, Janet Sweeney, Don Austin
- Eleanor Corbett, 85, Schenectady – Ruth Tietz
- Betty DeFrancisco, 91, Glenmont – Veronica Blendell
- Mario DeFrancisco, 91, Glenmont – Veronica Blendell
- Edward Dominelli, 91, Delmar – Kristen Vivian
- Ethel M. Doring, 86, Albany – Kitt Jackson
- Jane Fitzgerald, 87, Berlin – Penny Jones
- Deacon Earle Flatt, 88, Schenectady – Cathy Brennan
- Kenneth Ford, 88, Glenmont – Nancy Kuivila
- Eugene Fraher, 85, Slingerlands – Heather Lawton
- Irene Gigliello, 85, Albany – Antoinette Schultz
- Anthony Giordano, 85, Delmar – Sr. Mary Frederick Coyne
- Laura Heidelberg, 85, Rensselaer – Gloria Fonda
- Hyman Kuritz, 94, Albany – Marion S. Kuritz
- Ruth Lewanda, 97, Albany – Meika Loe
- Barbara Shaw Logan, 86, Delmar – Warren Stoker
- C. William Mayer, 86, Colonie – Allan Tedrow
- Sr. Edna McArdle, D.C., 90, Albany – Sr. Linda O'Rourke, D.C.
- Florence McCafferty, 88, Troy – Kathleen Masterson
- Everett (Mac) McCarty, 87, Slingerlands – Deborah LaValee
- Fedora (Dora) Michaels, 85, Halfmoon – Eileen Pettis
- Gloria Munderville, 85, Slingerlands – Lorraine Carroccia
- Mary M. Nolan, 86, Albany – Barbara Quinn
- Marian Aufiero O'Brien, 88, Albany – Deb Riitano
- Pauline Porter, 91, Slingerlands – Heather Lawton
- Allen George Roeser, 85, Albany – Marion Truland
- Viola T. Santore, 87, Rensselaer – Opal Marciano
- Mary Sheehan, 92, Albany – Kathy Linhardt
- William Sheehan, 95, Albany – Kathy Linhardt
- Augusta M. Thomas, 85, Albany – Lorraine Carroccia
- Howard Towle, 85, Schenectady – Barbara Quinn
- Arnold J. Townsend, 90, Colonie – Edward Neary
- Charles P. Venezia, 93, Rensselaer – Cheryl Walton
- James F. Whitbeck, 85, Rensselaer – Opal Marciano
- Lillian Yonally, 88, Colonie – Edward Neary



Information Exchanged at Steering Committee Meeting

CDSIF implemented a new format for Steering Committee meetings. To distribute more information and introduce new topics to the members, each meeting will offer a special presentation as well as time for members to speak briefly about issues that may be of interest to others. If you would like the materials handed out for each item, please contact CDSIF Recording Secretary, Linda Austin at laustin@seniorwholehealth.com.

Summary of August 12 Meeting:

Special Presentation

*Emergency Room Use in the Capital District:
Implications for The Region's Senior Population.*

Courtney Burke, Director of Planning from HCIDI presented the findings of the study and talked particularly about how seniors use emergency rooms. The Healthy Capital District Initiative (HCIDI) has conducted a study of emergency room usage in the area and will be working with the health care community to develop strategies to reduce usage.

Potential areas that the project will focus on for seniors may include:

- Developing protocols for primary care physicians, skilled nursing home referrals to emergency departments.
- Establishing protocols for emergency department visit information access for primary care physicians.
- Medical home accreditation technical support. (Could skilled nursing facilities be medical homes?)
- Reducing 30-day readmissions.

HCIDI will be looking for community input as they work with providers to implement systems changes. Please contact Ms. Burke at cburke@hcdiny.org if you are interesting in offering input.

One-Minute Go-Around

Nutrition Programs for the Elderly. This program is a cost efficient means of assisting older adults maintain their health, independence, as long as possible. Funding of this service is provided through a combination of Federal, State (SNAP, CSE, and CSI) and local government sources; program income consists of contributions from participants and other sources at the local level.

The purpose of the nutrition program is to reduce hunger, to promote socialization and to promote health by assisting older adults with accessing nutrition and other disease prevention and health promotion services.

AARP Complete Streets Initiative. This program has focused its attention on the dangers of incomplete streets. Volunteers across the state organized through AARP's *Create the Good* are surveying how local roads and intersections address the needs of pedestrians; Albany is a focus of this initiative. Walkability audits will be issues in Albany and the focus will be presence of continuous sidewalks, properly marked crosswalks, and appropriate times for crossing. New York State has the third highest number of fatalities among pedestrians over 65.

Legislation is currently pending in the State Assembly (A. 8587) and Senate (S. 5711), and a number of communities have committed to a complete streets approach.

Kinship Guardianship in NYS. As of July, New York law permits kin who are foster parents to become the legal guardians of children when they leave foster care. Along with the guardianship, a subsidy may be the same amount of cash as the foster care payment.

The child will be eligible for the subsidy until age 18 or if the child was 16 or older when the subsidy began, then to age 21 as long as the child is in school, employed in a program to prepare them for employment, or medically unable to work. This law will be effective statewide in April 2011.

Capital District Senior Issues Forum
The Albany County Department for Aging
Albany Guardian Society

Invite you to attend

Adult Day Service Programs “Information for Caregivers, Professionals and Friends”

To be held at
Carondelet Hospitality Center
385 Watervliet-Shaker Road, Latham, NY

September 15, 2010

Registration Begins at 8:00 am

Morning Program 8:30am – 12 pm

Presentations about social and medical model adult day service programs with caregiver and provider panel discussion

12:00 pm– Lunch \$5/Person (*Order lunch when you register.*)

12:00 pm – 2pm Adult Day Service Providers from Albany, Schenectady, Rensselaer and Saratoga County will have information tables and will be available to answer questions.

At This Forum You Will Learn:

- What are the adult day service programs available in the Capital District and who utilizes them?
- What factors should be evaluated when matching a consumer and a program?
- How much do programs typically cost?
- What funding options are available for consumers and providers?
- What are the transportation options?
- When should a family caregiver, friend or health care professional consider a referral to an adult day service program for a senior who wishes to continue aging in place?

After Attending This Forum You Will:

Have knowledge about the vast array of Adult Day Service Programs in the Capital Region along with specific program and contact information.

Who Should Come To This Forum?

Family Caregivers, Representatives of Senior Centers; Adult Day Service Programs; Senior Housing Directors; Senior Service Coordinators; Adult Home Staff Educators; Caregiver Group Nurses; Social Workers; Case Workers; Faith-based Programs; Home Care Agencies; Health Care Providers; Civic Organizations; **YOU!**

Registration:

There is no cost to attend this program, but registration is required. To register, call Albany Guardian Society’s registration line at 518-434-2160 by September 6, 2010. Lunch will be available for \$5 per person and must be ordered when you register. Payment for the lunch is due on 9/15/10.

Directions to Carondelet Hospitality Center:

For directions to the Hospitality Center, go to www.csjalbany.org/index.cfm/carondelethospitalitycenter or call Albany Guardian Society at 518-434-2140.

(Registration form on other side. List of participating providers on page 5.)

CAPITAL REGION SENIOR ISSUES FORUM

in partnership with

**ALBANY GUARDIAN SOCIETY
ALBANY COUNTY DEPARTMENT FOR AGING**

Invites you to a Community Forum

Topic: [Adult Day Service Programs: Information for Caregivers, Professionals and Friends](#)

Invited: Michael Burgess, Director, NYS Office for the Aging
Michael Breslin, County Executive, Albany County

Speakers: Deborah Hanish-Schreyer, C.S.W., Geriatric Care Manager
Erin Purcell, Aging Services Representative, NYS Office for the Aging

Panels: Provider panel, Consumer panel

Date: Wednesday, September 15, 2010

Time: 8:00 a.m. – 8:30 a.m. Registration Check-in
8:30 a.m. – 2:00 p.m. Forum and Booths

Location: Carondelet Hospitality Center
385 Watervliet Shaker Road
Latham, New York

Continental breakfast will be provided. Lunch is available for \$5.00.

There is no fee to attend this program; however, registration is required by Sept. 6, 2010.

Registration Form

_____ **Yes**, I will attend this program _____ **No**, I am unable to attend

_____ **Yes**, I want to purchase lunch for \$5.00 per person on site

Name: _____

Organization: _____

Phone: _____ E-mail: _____

**Please fax this form to Albany Guardian Society at (518) 434-2162
Or, you may call Albany Guardian Society's registration line at (518) 434-2160**

Directions to Carondelet Hospitality Center: www.csjalbany.org/index.cfm/HowToGetHere/



CLIP and SAVE RESOURCE

Adult Day Service Programs: Information for Caregivers, Professionals and Friends

*List of Capital Region Adult Day Service Providers
Scheduled to Participate in September 15, 2010 Forum*

ALBANY COUNTY

Bright Horizons Adult Day Service Programs

- Bright Horizons at Beltrone
- Bright Horizons at Carondelet
- Bright Horizons at Pine Grove at Pine Grove United Methodist Church
(518)459-2857-322

Cohoes Multi-Service Senior Citizen Center
(518)235-2420 x14

Eddy DayBreak at the Marjorie Doyle Rockwell Center
(518)729-6523

Greatdays Adult Day Health of Daughters of Sarah Senior Community
(518)456-7831

GuildCare
(518)396-3626

SSA Newgate Social Adult Day Program at Bethany Reformed Church
(518)435-1794

VA Medical Center Adult Day Care Program
(518)626 6041

RENSSELAER COUNTY

Eddy Adult Day Programs

- Eddy DayBreak at Eddy Memorial Geriatric Center
- Eddy DayBreak at Rensselaer
- Eddy DayBreak at North Greenbush
(518)729-652

SARATOGA COUNTY

Schuyler Ridge Adult Day Health
(518)373-3106

Wesley Evergreen Adult Day Services
(518)691-1443

SCHENECTADY COUNTY

Dayhaven Adult Day Services
(518)346-1852

Eddy Senior Care PACE Program
(518)831-6361 or (518)382-3290

Kingsway Community
(518)518-393-4304 x408

**Albany Guardian Society &
Capital District Senior Issues Forum**

present:

**MESSAGES FOR A NEW GOVERNOR:
WHAT NEEDS TO CHANGE
TO IMPROVE THE
LIVES OF SENIORS**

Thursday, November 18, 2010

8:15 a.m. – 11:30 a.m.

First Lutheran Church of Albany

646 State Street, Albany, New York 12203

- ▶ How can government policies help seniors who want to age in place?
- ▶ Do you have something to say about health care, housing or community living?
- ▶ Have you or a loved one had problems finding and accessing services?
- ▶ How can government can help seniors with limited incomes?

Representatives from the Capital District Senior Issues Forum Steering Committee and Advisory Committee will open with a series of brief statements for a panel of senior staff from the Legislature and state agencies.

Seniors, family members, senior advocates or people who work with seniors will then have two minutes to share suggestions for improving the lives of seniors with a panel of senior staff from the Legislature and state agencies. Written statements will be accepted.

Registration information, directions and additional details will be included in an October mailing from Albany Guardian Society.



Death of Baby Dramatizes Need for Safe Streets

Egypt Marie Raybine, in a child carrier known as a papoose, strapped to the front of her mother, *Elonia Edwards*, 23, died after she, her mother and two-year-old brother were hit on Saturday, August 21 near a CDTA bus stop on Route 32 in Menands. The baby never came out of the carrier but suffered grave injuries, according to the Colonie Police. The driver has not been ticketed, and speed and alcohol were not apparently factors.

The bus stop is the closest to Schuyler Inn, where a number of CDSIF Steering Committee members volunteer. Volunteers have watched young mothers, with two or three children, struggle to cross Broadway or wait for a bus at this stop. This stop is close to the roadway; there is no pedestrian crossing near it.

In May 2010, AARP released a report, "Making New York a Complete Streets State: A Report on Pedestrian Safety in Five Upstate Counties." The report noted that from 2006 – 2008 there were 110 persons killed while bicycling or walking in these five counties and that there were 6,394 injuries – including 10 fatalities and 833 injuries in Albany County.

Two key recommendations in the AARP report were:

- Pass "Complete Streets" legislation (S. 5711-Dilan / A. 8587-Gant) currently pending in Albany. Complete Streets would create an approach to road design that balances the needs of people of all ages, including pedestrians, bicyclists, people with disabilities, motorists, and public transportation users.
- Establish a public / private task force to develop policy recommendations to the Governor and Legislature on how New York can develop its communities and roadways to make New York State more livable now and in the future. The task force would include key state agencies, developers, aging and pedestrian advocates, as well as municipal officials.

Editorial Comment: The accident that took the life of *Egypt Marie Raybine* and injured her mother and brother has brought great sadness to a number of people in the Capital Region. Representatives from the CDSIF Steering Committee will seek to work with others to comfort the bereaved family and others who knew her as a precious child. Car seats do not protect children when parents must transport children on streets, buses, and walkways. Will the community care enough to try to make our transportation routes safer for pedestrians and public transportation users – including seniors with walkers, young children, and their parents? Will we seek to move bus stops that serve vulnerable people to safer locations? Will we give strollers to every parent who has two or more young children and who does not have a car? Will we be able to tell the parents of *Egypt Marie* and their friends that she will not be forgotten as we seek to protect others?
– Lois Wilson



Senior Expo

**October 15 at
Colonie Center**

On Friday, October 15, 2010, **Senior Services of Albany** is proud to join forces with **CDPHP Medicare Choices** to present the 19th annual Capital Region Senior Expo at Colonie Center Mall on Wolf Road in Albany. The Senior Expo is the premier Capital Region opportunity for older adults and caregivers to access timely information in a "one-stop shopping" venue.

For the past 19 years, Senior Expo has brought together the widest possible array of services, products and information to further support older adults and caregivers. You will find information on housing, health insurance, transportation, home health services, home repair and modification, city services, trips and recreation, finances, volunteerism, and much more too. Senior Expo is the largest gathering of senior-specific services and products in the region. It is free, fun, and all about you.

❖ Capital District Senior Issues Forum ❖

P.O. Box 367
Glenmont, New York 12077

The Forum is planning for 2010-2011. Our goal is to raise sufficient funds to permit our organization to continue its mission as a voice for the aging population by offering public programs, publishing quarterly newsletters, holding quarterly steering committee meetings with informational speakers and presenting the Lifetime Achievement Award Ceremony honoring seniors age 85 and older.



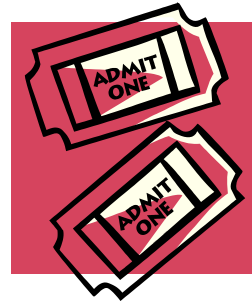
*There will
be no fancy
dinner to
attend...*



*There will
be no formal
ball...*

There will be no silent auction....

No raffle tickets to sell.....



Instead, we are inviting you to demonstrate your support for the Capital District Senior Issues Forum in 2010-2011 by joining the Honorary Committee to be listed in the booklet for the Forum's Senior Lifetime Achievement Awards Ceremony that will be held October 19, 2010 at Congregation Beth Emeth.

The categories for the Honorary Committee include:

Friends (\$1 - \$99) Supporters (\$100 - \$199) Sponsors (\$200 - \$499) Benefactors (\$500)

Choose an amount to show your support for the Capital District Senior Issues Forum and send your check, made payable to Catholic Charities with CDSIF on the notation line and mail to:

Capital District Senior Issues Forum PO Box 367 Glenmont, NY 12077

NAME OF DONOR _____ DONATION: \$ _____

ORGANIZATION _____

ADDRESS: _____

To be listed in the Ceremony booklet, donations must be received by September 15, 2010.



CDSIF News

Advisory Committee Members – Fall 2010:

For the first time in many years, the Advisory Committee for the Capital District Senior Issues Forum has two new members this fall, because of the death of Sr. Maureen Joyce, initial chair of the Advisory Committee and the retirement of Rev. John U. Miller. The Advisory Committee for 2010:

Chair: **Deborah Damm O'Brien**, Executive Director, DePaul Housing Management, Catholic Charities Housing, Catholic Charities Senior Services in Schenectady.

K. Balasubramanian, Hindu Temple, Loudonville;

Rev. Robert Graves, Pastor, Welcome Chapel Missionary Baptist Church, Albany;

Rabbi Scott Shpeen, Senior Rabbi, Congregation Beth Emeth, Albany; and

Rev. Robert, J. Zittel, Interim Director, Capital Area Council of Churches

Death of Sister Maureen Joyce, Advisory Committee Chair since 2000:

Sister Maureen A. Joyce, RSM died on Friday, May 21, 2010. The booklet for the 2010 CDSIF Senior Lifetime Achievement Awards Ceremony will be dedicated to her. From 1998 through 2008, we believe that Sr. Maureen only missed one ceremony and that was because she had to represent Bishop Hubbard at an important event. A Times-Union editorial of May 26 noted that she died of cancer “at the much too young age of 66”, having served as the “CEO of Catholic Charities of the Diocese of Albany since 1990, and a crusader for social justice and human dignity as long as anyone can remember. . . . Compassion was Sister Maureen’s career. Her death leaves a void in Albany and . . . everywhere, basically, that humanity confronts its vulnerabilities.”

Those who wish may make donations in Sister Maureen's memory to Catholic Charities, 40 North Main Avenue, Albany, NY 12203-1422 or to the Sisters of Mercy, 310 South Manning Boulevard, Albany, NY 12208.

Advisory Committee Member Honored:

Rev. John U. Miller, who has served on the CDSIF Advisory Committee since 2001 and who retired as of July 31 as Executive Director of the Capital Area Council of Churches, will be honored on September 24 at 6 p.m. when the John U. Miller Community Outreach Center is dedicated at 155 Clinton Ave. (corner of Swan). Recognizing Rev. Miller’s long-time commitment to alternatives to incarceration, the Albany County District Attorney’s office will name this building in his honor. The building is the home of the Community Prosecution Initiative and the Community Accountability Board, programs of the office of District Attorney P. David Soares for the diversion of people from the courts to the community.

Death Rabbi Scott Shpeen’s Father:

Dr. Harold Shpeen, age 87, of Marlton, New Jersey died suddenly at his residence in Marlton, New Jersey on Tuesday, August 17, 2010. Dr. Shpeen was married to Judith (nee Goodman) Shpeen for 51 years until her passing in 2002. Survivors include his three children -- Rabbi Scott L. Shpeen (the late Susan Shpeen) Senior Rabbi of Congregation Beth Emeth in Albany, Dr. Stephen Shpeen (Sharon) and Mariam Feist (Robert).

Thought for the Day

“Many talk about aging in place. How many people are actually taking steps, so they can age in place?”

Richard Iannello, Executive Director,
Albany Guardian Society



Become a CDSIF Fan on Facebook

How familiar are you with Facebook? Did you know that CDSIF will have its own page beginning on September 1 where you can get the latest news, events and activities of the Forum?

If you are not already a Facebook user, become one today! It is a great way to stay connected with family and friends -- and now CDSIF. It is free to use, and easy to create your profile just open your web browser and go to www.facebook.com.

If you prefer, please send us your email to CDSIFFB@gmail.com, so we can let you know when the CDSIF Facebook Fan Page is up and running.

Hope you'll LIKE us. See you online!

CDSIF Steering Committee 2010-11

Steering Committee Officers and Liaisons for 2010-11 (*one-year terms*)

- Chair: Judy Glassanos
- 1st Vice-Chair: Chris Cary
- 2nd Vice-Chair: Erin Mitchell
- Recording Secretary: Alicia Roney
- Corresponding Secretary: Linda Austin
- Treasurer: Dr. Patricia Binzer
- Assistant Treasurer: Position not filled
- Past Chairs: Dr. William Reynolds and Bridget Walsh

Grassroots Representatives (*two-year terms*)

Term Ending June 30, 2011: Francine Frank, Lois Wilson

Term Ending June 30, 2012: Ann Gifford, Mary Linton, David Smingler

Liaisons

- Albany Guardian Society: Richard Iannello, Executive Director
- Catholic Charities: Deborah Damm O'Brien, Esq., Executive Director, DePaul Housing

Management, Catholic Charities Housing, Catholic Charities Senior Services in Schenectady.

- Center for Excellence in Aging Services: Lisa Ferretti, Director of Operations
- Cornell Cooperative Extension: Tom Dolan
- Albany County Department for Aging: Deputy Commissioner Judy Glassanos
- Albany County Executive: Deirdre Brodie
- Representative from Rensselaer County Executive (to be invited)
- Representative from Schenectady County Executive (to be invited)
- Rensselaer County: Joseph W. Cybulski, Commissioner, Unified Family Services --- Aging, Veterans & Youth Services
- Schenectady County: Yvette Gebell, Manager, Department of Senior & Long Term Care Services
- NYS Assembly Staff: Erin Cunningham
- NYS Senate Aging Committee: Cathryn Bern-Smith
- New York State Office for Aging: Laurie Pferr and Greg Olsen (represented by Jody Signoracci, Director of Constituency Services)

Other 2010-11 Steering Committee Members (* = second term)

Second Terms Ending June 30, 2011: Miriam Adler*, Renee Benson*, Ken Harris*, Heather Leddick*, Douglas Miller*

First Terms Ending June 30, 2011: Paula Fanning, Rose Golden, Erin Stachewicz

Second Terms Ending June 30, 2012): Vicki Hoshko, Kitt Jackson, Peg Sanders, Jane Schramm, Carole Silvera

First Terms Ending June 30, 2012: Judi Disco, Ann DiSarro, Donna Sickler

Committee Chairs on Steering Committee

Chris Cary, October Ceremony Chair
Judy Glassanos, Chair, Orientation Committee
Patricia Binzer, Chair, Finance Committee
Ken Harris, Chair, November Legislative Forum
Bridget Walsh and Lois Wilson, Newsletter Co-Chairs

Emeriti Members: Patrick Cucinelli, Kris Carpenter, Nancy Adalian-Fedele, Robert Herz, Nancy Kuivila, Gretchen Rubenstein



Seniors Can Benefit from Fall Intervention Strategies

A recently published study describes the positive outcome of providing fall prevention training to at-risk seniors (*BMJ*, May 12, 2010 on line). Researchers at the University of Nottingham, England, looked at persons over 60 years of age, who had called an ambulance after a fall, but were not taken to the hospital. The study participants were randomly assigned to two groups. The first group had access to specialists who helped them build strength and balance, and who offered suggestions for making their homes safer. The second group of people was advised by letter to use existing social and medical services as usual.

The participants were followed for one year and kept their own diaries. Among the intervention subjects, the incidence rate for falls during the year was 3.46, in contrast to a rate of 7.68 among the control subjects. The results represented a 55% decline in the falls among those who had received the additional support. The numbers also showed a greater positive effect than had been reported from previous studies. In addition, those in the intervention group also demonstrated improvement in some activities of daily living and were less anxious about falling again.

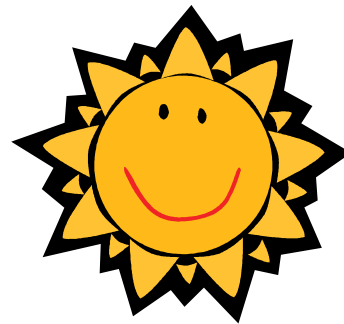
Because the probability of falling is so high among older people, it seems that this model of intervention could become an effective tool for reducing re-current falls here in the Capital Region. Medicare-eligible patients who had suffered a fall would be recruited for a pilot project to determine the health and cost benefits of providing fall prevention strategies for at risk seniors. A partnership between an ambulance service (or local Emergency Department with a visiting nurse agency could create a system to identify and enlist participants for a study similar to the one at U. of Nottingham.) Results would be used to assess the value of extending the program to a greater number of vulnerable older adults.

Mary A. Linton, RN, MA

Personal News of Senior Honorees

Our sympathy to the families and friends of:

- Ruth N. Carpenter, age 92. A 2005 honoree, she died April 8, 2010.
- Anita Gilbert, age 89. A 2008 honoree, she died December 22, 2009.
- Katherine (Kay) Dixon, age 92. A 2009 honoree, she died March 27, 2010.
- Peter J. Endres, age 98. A 2007 honoree, he died June 18, 2010.
- Dorothy Haker, age 95. A 2000 honoree, she died July 11, 2010.
- Mary Hughes, age 95. A 2003 honoree, she died March 8, 2010.
- Gladys Maguire, age 98. A 2005 honoree, she died March 26, 2010.
- James McKee Jr., age 91. A 2003 honoree, he died July 6, 2010.
- Robert Shedd, age 88. A 2007 honoree, he died June 12, 2010.
- Peter Tezbir, age 93. A 2004 honoree, he died August 20, 2010.



Forum Address

Send contributions and mailing list corrections to:
Capital District Senior Issues Forum, P.O. Box 367, Glenmont, NY 12077. *Checks payable to Catholic Charities; memo: "Sr. Issues Forum."*

The Capital District Senior Issues Forum is a voluntary initiative among faith communities, organizations and individuals that provides support for seniors in the Capital District through education and dialogue.

Newsletter Editors: Lois Wilson, Bridget Walsh

Inside This Issue:

- ✓ *Ceremony to Honor Seniors*
- ✓ *CDSIF Fundraising Flyer Enclosed*
- ✓ *Information Exchanged at Steering Committee Meeting*
- ✓ *Adult Day Service Forum – September 15 – Registration Form Enclosed*
- ✓ *CDSIF Legislative Program – November 18*
- ✓ *Senior Expo – October 15*
- ✓ *Death of Baby Dramatizes Need for Safe Streets*
- ✓ *CDSIF News, New Facebook Page, Falls Prevention*
- ✓ *Senior Issues Forum Steering Committee Members and More*

Capital District Senior Issues Forum
PO Box 367
Glenmont, New York 12077